

## **HSC228            Contribute to effective group care (Level 2)**

### **Elements of Competence**

- HSC228a**        Contribute to group care that supports the physical, social and emotional needs of the group and its members
- HSC228b**        Contribute to the implementation of group care programmes and activities
- HSC228c**        Contribute to the assessment of group care

### **About this unit**

For this unit you need to contribute to practice that promotes effective group care as a positive experience where individuals feel valued and safe.

### **Scope**

The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

**Group care activities** could include: recreational and leisure activities; outings and visits; social activities.

**Key people:** family; friends; carers; others with whom the individual has a supportive relationship.

Your **knowledge and understanding** will be specifically related to legal requirements and codes of practice applicable to your job; your work activities; the job you are doing (e.g. domiciliary, residential care, hospital settings) and the individuals you are working with.

### **Values underpinning the whole of the unit**

The values underpinning this unit have been derived from the key purpose statement<sup>1</sup>, the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. They can be found in the principles of care unit HSC24. To achieve this unit you must demonstrate that you have applied the principles of care outlined in unit HSC24 in your practice and through your knowledge.

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<sup>1</sup> The key purpose identified for those working in health and social care settings is "to provide an integrated, ethical and inclusive service, which meets agreed needs and outcomes of people requiring health and/or social care"

## Key Words and Concepts

This section provides explanations and definitions of the key words and concepts used in this unit. In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **Therefore, we would encourage you to read this section carefully before you begin working with the standards and to refer back to this section as required.**

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<b>Active support</b>	Support that encourages individuals to do as much for themselves as possible to maintain their independence and physical ability and encourages people with disabilities to maximise their own potential and independence
<b>Individuals</b>	The actual people requiring health and care services. Where individuals use advocates and interpreters to enable them to express their views, wishes or feelings and to speak on their behalf, the term individual within this standard covers the individual and their advocate or interpreter
<b>Key people</b>	Are those people who are key to an individual's health and social well-being. These are people in the individual's life who can make a difference to their health and well-being.
<b>Others</b>	Are other people within and outside your organisation that are necessary for you to fulfil your job role
<b>Rights</b>	The rights that individuals have to: <ul style="list-style-type: none"><li>• be respected</li><li>• be treated equally and not be discriminated against</li><li>• be treated as an individual</li><li>• be treated in a dignified way</li><li>• privacy</li><li>• be protected from danger and harm</li><li>• be cared for in a way that meets their needs, takes account of their choices and also protects them</li><li>• access information about themselves</li><li>• communicate using their preferred methods of communication and language</li></ul>

**HSC228a** Contribute to group care that supports the physical, social and emotional needs of the group and its members

**Performance Criteria**

You need to show that,

1. you support the **individuals** and the group to develop a culture that supports the physical, social and emotional needs of the group
2. you work with group members to help them identify and use opportunities for the group to support members' physical, social and emotional needs
3. you work with the group to help them to recognise and praise individual contributions that have been helpful to the group
4. you support the group and its members to recognise the worth of working together as a group to achieve a purpose
5. you enable the group to resolve conflicts themselves without casting out members and harming them emotionally or physically
6. you support the group to identify how they will co-operate and work with other groups and how they can enable new members to join and feel part of the group
7. you ensure the safety of group members and take action to moderate any adverse effects on individuals within the group

**HSC228b** Contribute to the implementation of group care programmes and activities

**Performance Criteria**

You need to show that,

1. you work with **others** and the individuals to identify how you can contribute to group processes and dynamics
2. you identify, with support from others, how group processes and dynamics can help to promote individual growth, development and independence and foster interpersonal skills
3. you identify and work with others to identify, techniques and methods for group programmes to promote individual growth, development and independence
4. you support individuals to identify:
  - their own needs, wishes and preferences from group programmes
  - how they would like to see group programmes being run
  - activities they would like the group to undertake
5. you work with individuals to help them to understand the benefits of group programmes for their personal growth, development and independence
6. you support individuals to participate in group programmes

7. you identify and help the group to identify, and take action to address any adverse effects on individuals where group participation may give rise to discrimination and exclusion
8. you discuss and review with individuals and other relevant people the effects of group programmes on the group as a whole and the individuals within it

**HSC228c** Contribute to the assessment of group care

**Performance Criteria**

You need to show that,

1. you work with others to identify your own and the roles and responsibilities of others within the assessment of group care practice
2. you work with others to identify how individuals and **key people** will be involved in the assessment of group care practice
3. you support individuals and key people to actively participate in the assessment of group care practices, ensuring that if the individual wishes to remain anonymous, they are able to do so
4. you evaluate the processes, effects and outcomes of group care experiences
5. you identify and report on aspects of group care practice that are beneficial to the individuals within it and those that could be improved
6. you work with others to agree changes required to group care practice and how these should be implemented for the benefit of all within the group care setting

## **Knowledge Specification for the whole of this unit**

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice:

### **Values**

1. legal and organisational requirements on equality, diversity, discrimination and **rights** when supporting individuals within groups and group care settings
2. conflicts which might arise between individual choice within groups and group care settings and how to deal with these situations
3. how to provide **active support** and promote the individual's rights, choices and well-being in groups and group care settings

### **Legislation and organisational policy and procedures**

4. codes of practice and conduct; standards and guidance relevant to your own and the roles, responsibilities, accountability and duties of **others** when supporting individuals with their personal care needs
5. current local, UK and European legislation, and organisational requirements, procedures and practices for:
  - recording, reporting, confidentiality and sharing information, including data protection
  - health, safety, assessing and managing risks associated with working with groups and in group care
  - inclusion of all group members
  - group care practice

### **Theory and practice**

6. action to take when you observe any key changes in the conditions and circumstances of individuals with whom you work when participating in group care activities
7. principles that underpin group care activities, methods and dynamics
8. how to support groups and the individuals within the groups
9. how to encourage individuals to participate in group activities
10. types of group care activities that are appropriate to the groups with whom you work and group members
11. how to develop group care activities that are inclusive and support individuals within group care settings
12. factors to consider when evaluating group care practice
13. the impact that both positive and negative group living/care experiences have on individuals, group behaviour and cohesiveness
14. how to deal with and enable group members to deal with conflicts within groups
15. the importance of establishing and maintaining links with the local community and the benefits likely to result from this

