

HSC235 Enable individuals to negotiate specific environments (Level 2)

Elements of Competence

- HSC235a** Support individuals to assess their ability to negotiate specific environments
- HSC235b** Support individuals to negotiate specific environments
- HSC235c** Observe and contribute to the evaluation of programmes

About this unit

For this you need to support individuals to negotiate specific environments effectively.

Scope

The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

Aids may include: walking sticks; walking frames; wheel chairs; guide dogs.

Communicate using the individual's preferred spoken language, the use of signs, symbols, pictures, writing, objects of reference, communication passports; other non verbal forms of communication; human and technological aids to communication.

Environments: indoor areas such as home or work; outdoor areas especially routes regularly used and social environments where people wish to pursue their interests.

Key people: family; friends; carers; others with whom the individual has a supportive relationship.

Obstacles could include: plants; vehicles; doors; stairs; furniture.

Your **knowledge and understanding** will be specifically related to legal requirements and codes of practice applicable to your job; your work activities; the job you are doing (e.g. domiciliary, residential care, hospital settings) and the individuals you are working with.

Values underpinning the whole of the unit

The values underpinning this unit have been derived from the key purpose statement¹, the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. They can be found in the principles of care unit HSC24. To achieve this unit you must demonstrate that you have applied the principles of care outlined in unit HSC24 in your practice and through your knowledge.

¹ The key purpose identified for those working in health and social care settings is "to provide an integrated, ethical and inclusive service, which meets agreed needs and outcomes of people requiring health and/or social care"

Key Words and Concepts

This section provides explanations and definitions of the key words and concepts used in this unit. In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **Therefore, we would encourage you to read this section carefully before you begin working with the standards and to refer back to this section as required.**

Active support	Support that encourages individuals to do as much for themselves as possible to maintain their independence and physical ability and encourages people with disabilities to maximise their own potential and independence
Aids	A range of aids that will enable an individual to negotiate specific environments that are key to their independence.
Environments	The areas in which people wish to be able to travel and move around in independently.
Individuals	The actual people requiring health and care services. Where individuals use advocates and interpreters to enable them to express their views, wishes or feelings and to speak on their behalf, the term individual within this standard covers the individual and their advocate or interpreter
Key people	Are those people who are key to an individual's health and social well-being. These are people in the individual's life who can make a difference to their health and well-being.
Obstacles	Physical impediments to safe independent travel such as fixed and or movable objects
Others	Are other people within and outside your organisation that are necessary for you to fulfil your job role
Rights	The rights that individuals have to: <ul style="list-style-type: none">• be respected• be treated equally and not be discriminated against• be treated as an individual• be treated in a dignified way• privacy• be protected from danger and harm• be cared for in a way they choose• access information about themselves• communicate using their preferred methods of communication and language

HSC235a Support individuals to assess their ability to negotiate specific environments

Performance Criteria

You need to show that,

1. you support **individuals** to communicate their preferences, skills and abilities to negotiate **environments**, taking account of their specific needs and any **aids** that are required
2. you identify and access appropriate information and advice that will help you to work with individuals to assess their skills and abilities to negotiate specific environments
3. you assess, and support individuals to assess the risks involved in finding their way around specific environments
4. you support individuals and **key people** to identify:
 - existing support networks
 - additional support required
5. you identify, and support individuals to identify barriers that are unique to them
6. you seek additional support for assessments outside your competence
7. you record and report assessments and within confidentiality agreement and according to legal and organisational requirements

HSC235b Support individuals to negotiate specific environments

Performance Criteria

You need to show that,

1. you support individuals to carry out the agreed activities, taking account of their needs and preferences
2. you support individuals to:
 - use and improve what they have learned
 - identify and explore barriers to progress
3. you support individuals to adapt their existing skills to enable them to negotiate specific environments
4. you give positive and constructive feedback to individuals when they are carrying out the activities
5. you encourage individuals when they are having difficulties
6. you seek and acquire additional help and advice for any problems that you are not competent to deal with
7. you support individuals and key people to identify other activities and help that could assist the individuals to negotiate specific environments

HSC235c Observe and contribute to the evaluation of activities

Performance Criteria

You need to show that,

1. you seek and obtain feedback from individuals, key people and **others** about:
 - the support you have given
 - the activities the individuals have undertaken
 - the effectiveness and usefulness of the activities
2. you observe individuals, note progress, and check with individuals and others, that your observations are accurate
3. you work with individuals to evaluate their progress and identify anything that could help them
4. you provide feedback on your observations to the appropriate people, indicating where changes could be made to help the individual's progress
5. you seek and acquire additional help and advice in areas where you are not competent
6. you record and report on the observations, evaluations and outcomes, within confidentiality agreements and according to legal and organisational requirements

Knowledge Specification for the whole of this unit

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice:

Values

1. legal and organisational requirements on equality, diversity, discrimination and **rights** when supporting individuals to negotiate specific environments
2. how to provide **active support** and promote the individual's rights, choices and well-being when supporting them to negotiate specific environments
3. how to maximise the individual's input into the development of programmes to enable them to negotiate specific environments

Legislation and organisational policy and procedures

4. codes of practice and conduct; standards and guidance relevant to your own and the roles, responsibilities, accountability and duties of others when supporting individuals to negotiate specific environments
5. current local, UK and European legislation, and organisational requirements, procedures and practices for:
 - accessing records and information
 - recording, reporting, confidentiality and sharing information, including data protection
 - health, safety, assessing and managing risks associated with supporting individuals to negotiate specific environments
 - enabling individuals to negotiate specific environments

Theory and practice

6. the types of injuries, disabilities, illnesses and other factors for people needing to be supported to learn how to negotiate specific environments
7. the type of aids that are available to meet individual needs
8. the type of obstacles that individuals will need to negotiate to enable them to maintain their independence (as far as they are able) within specific environments
9. health and safety issues and potential hazards and risks when supporting individuals to negotiate specific environments
10. how to support the development and evaluation of individualised programmes taking account of the needs, circumstances and preferences of individuals
11. how to identify and set up environments to meet individual needs, circumstances and preferences and to minimise and manage risks
12. how to support individual's safely and ways of helping individuals to negotiate and minimise hazards and risks in different environments
13. actions to take when you observe key changes in the condition and circumstances of individuals

