

## **HSC25 Carry out and provide feedback on specific plan of care plan of care activities (Level 2)**

### **Elements of Competence**

<b>HSC25a</b>	Carry out specific plan of care activities
<b>HSC25b</b>	Provide feedback on specific plan of care activities
<b>HSC25c</b>	Contribute to revisions of specific plan of care activities

### **About this unit**

For this unit you need to be able to carry out, provide feedback on and contribute to revisions to the plan of care activities for which you are responsible.

### **Scope**

The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

**Communicate** using the individual's preferred spoken language; the use of signs, symbols, pictures, writing, objects of reference, communication passports; other non verbal forms of communication; human and technological aids to communication.

**Key people:** family; friends; carers; others with whom the individual has a supportive relationship.

Your **knowledge and understanding** will be specifically related to legal requirements and codes of practice applicable to your job; your work activities; the job you are doing (e.g. domiciliary, residential care, hospital settings) and the individuals you are working with.

### **Values underpinning the whole of the unit**

The values underpinning this unit have been derived from the key purpose statement<sup>1</sup>, the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. They can be found in the principles of care unit HSC24. To achieve this unit you must demonstrate that you have applied the principles of care outlined in unit HSC24 in your practice and through your knowledge.

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<sup>1</sup> The key purpose identified for those working in health and social care settings is "to provide an integrated, ethical and inclusive service, which meets agreed needs and outcomes of people requiring health and/or social care"  
A2.1 level 2 option

## Key Words and Concepts

This section provides explanations and definitions of the key words and concepts used in this unit. In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **Therefore, we would encourage you to read this section carefully before you begin working with the standards and to refer back to this section as required.**

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<b>Active support</b>	Support that encourages individuals to do as much for themselves as possible to maintain their independence and physical ability and encourages people with disabilities to maximise their own potential and independence.
<b>Individuals</b>	The actual people requiring health and care services. Where individuals use advocates and interpreters to enable them to express their views, wishes or feelings and to speak on their behalf, the term individual within this standard covers the individual and their advocate or interpreter
<b>Key people</b>	Are those people who are key to an individual's health and social well-being. These are people in the individual's life who can make a difference to their health and well-being.
<b>Others</b>	Are other people within and outside your organisation that are necessary for you to fulfil your job role
<b>Plan of care</b>	Will include all aspects of the individual's care needs which need to be adhered to within any setting in which the individual is placed. It addresses the holistic needs of the individual.
<b>Rights</b>	The rights that individuals have to: <ul style="list-style-type: none"><li>• be respected</li><li>• be treated equally and not be discriminated against</li><li>• be treated as an individual</li><li>• be treated in a dignified way</li><li>• privacy</li><li>• be protected from danger and harm</li><li>• be cared for in a way that meets their needs, takes account of their choices and also protects them</li><li>• access information about themselves</li><li>• communicate using their preferred methods of communication and language</li></ul>
<b>Specific plan of care activities</b>	The activities within the plan of care that you are responsible for carrying out

**HSC25a** Carry out specific plan of care activities

**Performance Criteria**

You need to show that,

1. you access information, records, any risk assessments and advice about:
  - the specific **plan of care** activities for which you are responsible
  - the **individuals** for whom you are to carry out the **specific plan of care activities**
2. you confirm your understanding of the specific plan of care activities with relevant people
3. you support individuals to communicate their preferences about how you carry out specific plan of care activities
4. you use **active support** and follow the specific instructions within the plan of care when carrying out specific plan of care activities
5. you observe individuals when carrying out specific plan of care activities

**HSC25b** Provide feedback on specific plan of care activities

**Performance Criteria**

You need to show that,

1. you support individuals and **key people** to identify any changes in the individual's needs and preferences that might affect your work
2. you observe any changes with individuals that may indicate changes to your work and the work of **others**
3. you support individuals to communicate and you evaluate yourself:
  - how well the specific plan of care activities you carry out support the individual's needs and preferences
  - anything that could be changed and/or improved
4. you record and report:
  - any discomfort and change in individuals when carrying out specific plan of care activities
  - any differences in the individual's preferences about the way you carry out your activities and the ways specified in the plan of care, within confidentiality agreements and according to legal and organisational requirements

**HSC25c** Contribute to revisions of specific plan of care activities

**Performance Criteria**

You need to show that,

1. you identify and discuss your role and responsibilities in making revisions to specific plan of care activities for which you are responsible
2. you report on and contribute to discussions about:
  - how well the specific plan of care activities for which you are responsible meet the needs and preferences of individuals

- how the specific plan of care activities for which you are responsible could be changed and/or improved to better meet the needs and preferences of individuals
3. where your ideas and findings conflict with those of others, you:
    - listen to the reasons for the conclusions of others
    - explain the reasons for your conclusions
    - seek additional support, where appropriate
    - agree the best way forward
  4. you contribute to identifying the best ways to implement your specific plan of care activities to meet the needs and preferences of individuals.
  5. you ensure that you understand, and that the individuals with whom you work are aware of, any changes in the specific plan of care activities for which you are responsible

## **Knowledge Specification for the whole of this unit**

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice:

### **Values**

1. legal and organisational requirements on equality, diversity, discrimination and **rights** when carrying out specific plan of care activities
2. how to provide **active support** and promote the individual's rights, choices and well being when carrying out specific plan of care activities

### **Legislation and organisational policy and procedures**

3. codes of practice and conduct; standards and guidance relevant to your own and the roles, responsibilities, accountability and duties of others when carrying out plan of care activities
4. current local, UK and European legislation, and organisational requirements, procedures and practices for:
  - accessing records and information
  - recording, reporting, confidentiality and sharing information, including data protection

### **Theory and practice**

5. key changes in the condition and circumstances of individuals with whom you work and actions to take in these circumstances
6. where to access information on the specific needs, preference and condition of individuals
7. where to go if you need more information about how to respond to the needs of individuals and key people
8. how to respond to the preferences of individuals if they are in conflict with the specific plan of care activities for which you are responsible
9. methods:
  - of undertaking the specific plan of care activities for which you are responsible
  - of observing, evaluating, recording and reporting individual's needs and condition in relation to the specific plan of care activities for which you are responsible
  - of working with, and resolving conflicts that you are likely to meet in your work
  - of contributing to team work activities in relation to the specific plan of care activities for which you are responsible