

HSC352 Support individuals to continue therapies (Level 3)

Elements of Competence

- HSC352a** Identify the support and skills you need to enable individuals to continue therapies
- HSC352b** Encourage individuals to complete activities identified by therapist
- HSC352c** Observe and evaluate effects of therapies on individuals

About this unit

For this unit you need to encourage the individuals to continue programmes and therapies.

Scope

The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

Communicate using: the individual's preferred spoken language; the use of signs; symbols; pictures; writing; objects of reference; communication passports; other non verbal forms of communication; human and technological aids to communication.

Key people include: family; friends; carers; others with whom the individual has a supportive relationship.

Therapies include: occupational therapy; physiotherapy; behavioural therapy; other therapeutic programmes.

Your **knowledge and understanding** for this unit will relate to legal requirements and codes of practice applicable to the scope of your work and others with whom you work; the nature of the work you are undertaking; your role and level of responsibility within your organisation (e.g. whether you have responsibility to support the work of others); the individuals, key people¹ and others with whom you are required to work and the degree of autonomy you have for the management of your own work activities.

Values underpinning the whole of the unit

The values underpinning this unit have been derived from the key purpose statement², the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. If you are working with children and young people they can be found in the principles of care unit HSC34. If you are working with adults they can be found in HSC35. To achieve this unit you must demonstrate that you have applied the principles of care outlined in either unit HSC34 or HSC35 in your practice and through your knowledge.

¹ If you are working with children and young people the term "individuals" covers children and young people and "key people" covers parents, families, carers, friends and others with whom the child/young person has a supportive relationship

² The key purpose identified for those working in health and social care settings is "to provide an integrated, ethical and inclusive service, which meets agreed needs and outcomes of people requiring health and/or social care"

Key Words and Concepts

This section provides explanations and definitions of the key words and concepts used in this unit. In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **Therefore, we would encourage you to read this section carefully before you begin working with the standards and to refer back to this section as required.**

| | |
|-----------------------|---|
| Active support | Support that encourages individuals to do as much for themselves as possible to maintain their independence and physical ability and encourages people with disabilities to maximise their own potential and independence |
| Individuals | The actual people requiring health and care services. Where individuals use advocates and interpreters to enable them to express their views, wishes or feelings and to speak on their behalf, the term individual within this standard covers the individual and their advocate or interpreter |
| Key people | Are those people who are key to an individual's health and social well-being. These are people in the individual's life who can make a difference to their health and well-being |
| Others | Are other people within and outside your organisation that are necessary for you to fulfil your job role |
| Rights | The rights that individuals have to: <ul style="list-style-type: none">• be respected• be treated equally and not be discriminated against• be treated as an individual• be treated in a dignified way• privacy• be protected from danger and harm• be cared for in a way they choose• access information about themselves• communicate using their preferred methods of communication and language |

HSC352a Identify the support and skills you need to enable individuals to continue therapies

Performance Criteria

You need to show that,

1. you discuss with therapists your role and responsibilities in helping **individuals** to continue therapies
2. you identify with the therapists the skills and abilities you require to enable individuals to continue therapies
3. you assess with individuals and the therapist, the skills and abilities that individuals and **key people** need to carry out the activities and procedures
4. you work with therapists to identify extra support the individuals may need to enable them to continue the therapies
5. you work with therapists and the individuals to identify what support you could provide to enable them to participate fully in the therapy
6. you agree with all involved their preferred options for support and contribute to negotiating agreed options
7. you record and report on actions, procedures and outcomes, within confidentiality agreements and according to legal and organisational requirements

HSC352b Encourage individuals to complete activities identified by therapist

Performance Criteria

You need to show that,

1. you identify with the therapist and **others** the activities individuals need to continue and how these should be carried out and supported
2. you discuss the activities that need to be continued, how this will be done and the support individuals and key people will be able to have to continue the therapy
3. you undertake agreed support activities with individuals and key people
4. you support individuals and key people to continue the therapy activities themselves
5. you identify with individuals any difficulties or concerns they have during therapy activities and take appropriate actions to deal with these
6. you stop the therapy session and take appropriate action where individuals are in pain or distress whilst carrying out therapy activities
7. you seek additional support and call in the therapist when you are not competent to deal with problems and difficulties
8. you provide and enable individuals to access additional information they require to benefit from the therapy
9. you encourage individuals to continue therapy activities, giving praise for success and supporting them when they are having difficulties

10. you review the support you are providing and identify with individuals any changes that are needed to make the support more effective

HSC352c Observe and evaluate effects of therapies on individuals

Performance Criteria

You need to show that,

1. you agree the observations that you are responsible for with all involved
2. you observe accurately the individuals' progress, problems, difficulties and concerns that arise during therapy sessions
3. you check your observations to establish where they are the same as the individuals and others and where they differ, identify the reasons for any differences
4. you contribute your observations to the overall evaluation of the effectiveness of the therapy
5. you contribute to agreeing changes that need to be made to the therapy and therapy sessions to address changes in the needs and circumstance of individuals and lack of progress
6. you provide feedback in an accessible form to individuals, key people and others ensuring that decisions, judgements, explanations and recommendations are documented
7. you record, report and provide feedback as agreed within the programme, according to confidentiality agreements and taking account of organisational and legal requirements

Knowledge Specification for the whole of this unit

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in for the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice:

Values

1. legal and organisational requirements on equality, diversity, discrimination, **rights**, confidentiality and sharing of information when supporting individuals to continue therapies
2. how to provide active support and place the preferences and best interests of individuals at the centre of everything you do, whilst enabling them to take responsibility (as far as they are able and within any restrictions placed upon them) and make and communicate their own decisions about continuing the therapy
3. how to work in partnership with individuals, key people and those within and outside your organisation to enable individuals to continue therapies as instructed by the therapists

Legislation and organisational policy and procedures

4. codes of practice and conduct, and standards and guidance relevant to your own and the roles, responsibilities, accountability and duties of others when supporting individuals to continue therapies
5. current local, UK and European legislation and organisational requirements, procedures and practices for:
 - data protection, including recording, reporting, storage, security and sharing of information
 - health and safety
 - risk assessment and management
 - protecting individuals from danger, harm and abuse
 - on supporting individuals to continue therapies
 - working with others to provide integrated services
6. practice and service standards relevant to your work setting and related to the provision of and support for individuals to continue therapies as instructed by the therapist
7. how to access records and information about the continuing therapies for individuals

Theory and practice

8. how and where to access information and support that can inform your practice about therapies and continuing them in the absence of the therapist

9. how you can access, review and evaluate information about the therapies being used
10. theories relevant to the individuals with whom you work, about:
 - aspects of human growth and development and how these can affect and be affected by the therapies being used
 - identity, self-esteem and self-image, and how these can be affected by individuals continuing specified therapeutic activities
11. how power and influence can be used and abused when encouraging individuals to continue therapies
12. factors that affect the health, well-being, behaviour, skills, abilities and development of individuals and how therapeutic activities can contribute to these factors positively
13. how to work in partnership with individuals, key people and those within and outside your organisation to implement and continue therapies
14. how to work with, and resolve conflicts that you are likely to meet
15. how to use your relationship with individuals to promote the individual's well-being through therapeutic activities
16. the conditions and impairments therapies are addressing
17. how to set up the environment and set up and use any equipment and materials needed for the therapy
18. the outcomes that the therapy aims to achieve for the individuals
19. the impact of stress and fear on behaviour and the individuals' ability to use the therapy
20. the role of active support and encouragement in enabling individuals to use the therapy
21. the most effective ways of supporting the individuals to use the therapy to support their health and well-being
22. how to form a supportive relationship with individuals to enable them to benefit as much as possible from the therapy
23. how to observe the individuals using the therapy
24. the key signs of problems and difficulties that need to be reported to the therapist and others
25. how to involve the individual in collecting information about their experience of the therapy and its outcomes
26. what information and observations you contribute to evaluations