

## **HSC381 Support individuals through detoxification programmes (Level 3)**

### **Elements of Competence**

<b>HSC381a</b>	Induct individuals to detoxification programmes
<b>HSC381b</b>	Develop and review detoxification treatment and care plans
<b>HSC381c</b>	Manage closure of individuals' detoxification programmes

### **About this unit**

For this unit you need to work with individuals to achieve stabilisation and/or withdrawal from substance use through a planned programme of treatment and care. Detoxification programmes involve a range of interventions to address individuals' physical, psychological, emotional, social and legal problems and in many cases include the prescribing of substitute medication.

### **Scope**

The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

**Substance misuse problems:** drug use; alcohol use; psychological problems; physical problems; social problems; legal problems.

**Risks:** self-harm; harm to others; physical health emergencies; mental health emergencies.

**Detoxification programme:** community based; in-patient based.

**Advice and information:** written; verbal.

**Services:** counselling; social support (e.g. housing, welfare, benefits, legal advice); health care; psychiatric services.

**Harm minimisation advice:** alcohol use; overdose prevention; safer injecting; contraception and safer sex.

**Support:** outpatient attendance; telephone support services; community projects; self-help groups; employment and education services.

This is Drugs and Alcohol National Occupational Standard (DANOS) AH7.

## **HSC381a** Induct individuals to detoxification programmes

### **Performance Criteria**

You need to show that,

1. you confirm the eligibility of the individual for admission to the detoxification programme in line with locally agreed criteria
2. you arrange for **individuals** to undertake a comprehensive assessment to evaluate their substance misuse problems and potential risks to the individual and **others**
3. you arrange the start of the detoxification programme with the level of urgency appropriate to the individual's needs and circumstances
4. you provide the individual with advice and information about the detoxification programme prior to commencement
5. you assess whether the individual's carers or significant others have a role to play in the detoxification programme and if so, include them in the planning and induction
6. you agree a contract of care outlining behaviours which are unacceptable during the detoxification programme and your organisation's commitment to provision of a non-discriminatory and supportive service in line with your organisation's policies and procedures
7. you support the individual to maintain realistic expectations of the detoxification programme.

## **HSC381b** Develop and review detoxification treatment and care plans

### **Performance Criteria**

You need to show that,

1. you formulate a treatment and care plan with the individual, involving relevant members of other service teams
2. when appropriate, you refer the individual to a prescribing service for prescribing of substitute medication
3. you maintain accurate and complete records of referrals to other services in line with locally agreed protocols
4. you arrange for provision of appropriate services according to the individuals identified needs
5. you provide harm minimisation advice appropriate to the individuals' needs
6. you offer the individual tests for HIV and hepatitis B and C
7. you regularly review the treatment and care plan with the individual and others involved in service delivery
8. you screen the individual for substance use to monitor compliance according to your organisations protocols
9. you review expectations and plans with individuals who are not yet able complete the detoxification programme

**HSC381c** Manage closure of individuals' detoxification programmes

**Performance Criteria**

You need to show that,

1. you arrange a discharge planning meeting with attendance by other service provider team members in order to formalise an ongoing care plan
2. you ensure individuals who have achieved abstinence are referred to sources of further appropriate support
3. you maintain active co-ordination between detoxification services and subsequent rehabilitative care
4. you encourage individuals who have achieved abstinence to be assessed for suitable rehabilitation
5. you complete case closure documentation promptly and accurately for individuals who have achieved abstinence or left the programme.

## **Knowledge Specification for the whole of this unit**

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice:

### **Legislation and organisational policy and procedures**

1. how to pass information obtained during assessment or treatment to another agency in line with local protocols

### **Theory and practice**

Assessment of individuals:

2. how to prioritise requests for assessment according to their priority in line with your organisations criteria
3. how to involve individuals in the assessment of their needs
4. how to assess an individual's motivation and readiness to engage in a treatment programme
5. how to review assessments at appropriate intervals once an individual has commenced a programme of care

Information handling:

6. the importance of keeping full and accurate records, and how to do so
7. the principle of confidentiality: what information may be given to whom

Management of detoxification programmes:

8. locally agreed criteria for admission of individuals to a detoxification programme
9. how to arrange for completion of comprehensive substance misuse and risk assessments
10. how to establish the appropriate level of urgency for admission to a detoxification programme
11. advice and information required by individuals prior to a detoxification programme
12. how to agree a contract of care, outlining the responsibilities of your organisation and the responsibilities of the individual during the detoxification programme
13. how to involve significant others and carers in an individuals detoxification programme
14. how to manage individuals' expectations of a detoxification programme
15. how to formulate a treatment and care plan for an individual
16. how to involve members of other service teams in planning and reviewing an individual's care plan
17. how to actively involve an individual in formulating and reviewing a care plan

18. harm minimisation good practice including overdose prevention, safer injecting, contraception and safer sex
  19. how to arrange for an individual to be tested for substance use, HIV and hepatitis
  20. how to review expectations and plans with individuals who are not yet able complete the detoxification programme
  21. the available detoxification options, including substitute medications and regimes
  22. locally agreed criteria for selecting specific detoxification options
  23. the evidence base for detoxification programmes and realistic expectations of outcomes
  24. how to deal with challenging, abusive, aggressive or chaotic behaviour
- Risk assessment:
25. how to assess the risk to individuals and to others from their substance misuse and/or co-existent problems
  26. the importance of regularly reviewing risk assessments
- Substance misuse:
27. the signs and implications of a range of substance misuse related problems including drug use, alcohol use, psychological problems, physical problems, social problems and legal problems
  28. ways of keeping your knowledge about substances and indications of substance misuse up to date
  29. how to understand the jargon used by substance misusers in your locality